

# A Spirituality for our Times

*Sponsored by The Sisters of St. John of God*



SPEAKER

**Jane Mellett**

Jane Mellett is co-author of "The Deep End" a publication reflecting on the Sunday Gospels. She is a yoga and meditation teacher and spiritual director. Jane is the Laudato Si' Officer with Trócaire



During this day Jane will explore various avenues to an integrated wholistic spirituality. There will be a mix of input and time for reflective practice.

**Venues: Ballyvaloo Retreat & Conference Centre  
Blackwater  
Co. Wexford**

**or**

**St. Patricks Parish Centre  
Loughboy  
Kilkenny**

**Dates: 13th May 2022**

**14th May 2022**

**Times: 10.00 am to 4.30 pm**

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**Cost: €30 (includes lunch)  
Pay on the door**

**€10 (bring your own lunch,  
tea/coffee provided)  
Pay on the door**

Please book before 6th May by contacting:

Sara or Catherina @ 056 7722870 - 9.00 am - 5.00 pm or

email: [regionaloffice@ssjg.ie](mailto:regionaloffice@ssjg.ie)

Booking Essential

